

BREWSTER AVENUE INFANT AND NURSERY SCHOOL

SEX and RELATIONSHIP EDUCATION POLICY

This policy was ratified by the Full Governing Body on: 28th February 2019

Date for review (this policy will be reviewed every three years): Spring 2022

1 Introduction

Sex and Relationship Education is a responsibility that is shared between home and school. Our policy endeavors to ensure that children leave Brewster Avenue Infant School with the information to make valid decisions necessary to live healthy, safe and independent lives.

2 Aims and objectives

Sex education will be developmental and provide a foundation for further work in Key Stage 2 and beyond. It will contribute to the requirement of the Education Act 1988 that the school curriculum should be one which:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- Prepares pupil for the opportunities, responsibilities and experiences of adult life
- Prepare pupils to know what is reasonable expected behaviour and what may be unsafe practice

The school will work towards this aim in partnership with parents.

Sex and relationship education will encourage the following values:

- Respect for self
- Respect for others
- Responsibility for our own actions
- Responsibility for our family, friends, school and wider community

It is our aim to:

- Inform children about their own bodies and the changes that will take place
- Teach children to respect their own bodies and know that they have a right to say no
- Provide them with information on who to talk to if they ever feel unsafe, and encourage them to do this
- Give children strategies to cope with new feelings as they grow up

3 Teaching and Learning

The main Sex and Relationship Education is delivered through our personal, social and health education (PSHE) curriculum, where children learn about relationships, feelings, families, keeping healthy and keeping safe. The teaching is suited to the age and physical, emotional and social maturity of the children.

In science, we teach children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the fact that people are not all the same, and that we need to respect each other.

Children's questions will be unpredictable in their content and teachers will always attempt to give straightforward, factual answers, whilst making judgements such as:

- whether to answer immediately or at a later time;
- whether to answer in the whole class situation or on an individual basis;
- in what depth to frame the answer;
- whether to refer the question to parents.

4 Working with parents

Children may be withdrawn by their parents from parts of the Sex and Relationship Education programme that are outside the compulsory elements of the National Curriculum. Parents wishing to exercise this right should contact the Head teacher to discuss the aspects of the programme causing concern.

5 Safeguarding

If during Sex and Relationships Education a member of staff become aware of an issue linked to Child Protection, procedures in the Safeguarding and Child Protection Policy will be followed.